

INSURANCE QUESTIONNAIRE

- 1) What is your insurance company's name and phone number?
- 2) Is there a separate number for mental or behavioral health benefits?
- 3) What are your mental health benefits?
- 4) How many therapy sessions does your plan offer?
 - a. Is there a limit on your number of sessions?
- 5) What is your deductible?
- 6) Can you see a therapist out of network?
- 7) If you are seeing a therapist out of network, how much does your insurance pay?
 - a. If they say "a percentage of usual and customary" ask what do they consider usual and customary for 91364 or Woodland Hills, CA.
 - b. If they say, "It depends on the diagnosis" ask if they pay for V-Codes.
 - c. If they say, "It depends on the type of visit," ask what they mean (initial visit vs. on-going visit, etc.).
- 8) What do they need from your therapist in order to provide reimbursement? (Can you submit your therapist's invoice...or do you need to fill out and submit a special form?)
- 9) How long will it take to get reimbursed?
- 10) What is the reimbursement process?